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# The Trade Liberalization and its Role of on The Economic Growth in Developing Countries

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**Abstract:** The process of reducing trade barriers such as tariffs, quotas, and subsidies is known for Trade liberalization, which has become a central policy tool for many developing countries promoting economic development. According to classical trade theories of Ricardo's theory of comparative advantage and Heckscher-Ohlin's theory, trade liberalization will result in a more efficient allocation of resources, increased foreign direct investment (FDI) as well as stronger economic growth. This paper investigates the link between trade liberalization and economic growth in developing countries, exploring the role of mediators like institutional quality, sectoral composition, and income inequality in shaping this relationship. Drawing on panel data analysis, the study shows that, while trade liberalization tends to have positive long-run effects on economic growth, the effects depend on the institutional capacity, macroeconomic stability, and structural composition of a country. More broadly, the law of comparative advantage suggests that areas with an absolute advantage will expand while those without it will contract, something that could potentially lead to income inequality and economic dislocation in the areas most at risk from greater trade liberalization. Your training data goes up until October 2023. This adjustment might be useful for you if you cover any of the situation under which trade liberalization can bring sustainable growth in developing economies.

**Keywords:** Trade Liberalization, Economic Growth, Developing Countries, Foreign Direct Investment,

Institutional Quality, Income Inequality, Sectoral Impacts, Panel Data Analysis, Comparative Advantage, Macroeconomic Stability.

### Introduction:

Learned data up until October 2023 Broadly speaking, the idea is that within the scope of the trade theories outlined by models like Ricardo (1817) and Heckscher–Ohlin (1933), countries can benefit from trade by specializing in areas in which they have comparative advantage. With the liberalization of trade and foreign direct investment (FDI), developing countries are expected to reduce distortions, improve resource allocation, and realize economies of scale, all of which should lead to an increase in their economic growth.

There are multiple works which discuss the positive aspects of trade liberalization on the economy. On the basis of data up to October 2023, Sachs and Warner (1995) document that trade openness results in superior growth through intermediate influences such as improved access to foreign markets, the inflow of new technologies, and an increase in competition. Dollar and Kraay (2001) suggest that both rich and poor countries grow should grow as a result of trade liberalization, implying that all can benefit from trade openness. In addition, Rodrik (1998) argues that trade liberalization can be beneficial to development when implemented with sound economic policies and strong institutions.

But liberalization has delivered huge gains to some and turned into challenges for others. Moreover, the impact of liberalization is not always uniform and may depend on factors such as the quality of the institutions, the government policies and the state of the economy. As per Rodriguez and Rodrik (2001), trade liberalization induces inequality of income and vulnerability of the economy especially when these economies fail to achieve the needed preparedness and capacity to compete in the international markets. In addition, Stiglitz (2002) warns that without strong domestic institutions, trade liberalization could hurt infant industries and sensitive sectors in developing economies.

This paper aims to simulate the effect of trade liberalization on growth in developing countries, and to address the way it works and if there are limits to that effect. This research will inform a better mapping of the empirical evidence and contribute both to understanding the set of trade datasets and their effect on economic development.

### 1.2 Problem Statement

The link between trade openness and economic

growth is no less complex and contested, despite the many countries in the developing world that have embraced trade liberalization policies. Trade liberalization is generally considered an important input in economic growth but the empirical results have been mixed. Indeed in some countries, liberalization has resulted in buoyed growth as predicted by economic theories (e.g. Dollar and Kraay, 2001). But for others, opening the markets hasn't meant sustained economic development. Importantly, higher levels of bilateral trade openness have often been associated with increasing income inequality, greater vulnerability to external shocks and stunted growth in leading sectors (Rodrik, 1998; Stiglitz, 2002).

The differences in outcomes indicate that trade liberalization is not a cure-all. Rodrik (2001) notes that the positive impacts of trade liberalization are also conditional on a country's institutional capacity, quality of human capital and macroeconomic stability. As Harrison (1996) also notes, trade liberalization does not affect all sectors in the same manner; export-oriented sectors benefit from global trade, while import-substituting ones are subject to increased competition and thus, may suffer more as a result of increased competition. Moreover, the effectiveness of trade liberalization would be even played a more significant role by the economic structure on trade liberalization (Krugman, 1993), for example the degree of industrialization or competitive domestic factories.

This is where the core of the question becomes; the issue is how significant is the relationship between trade liberalization and economic growth in developing country economy. This research will explore the impact of trade openness on economic growth, the mediating roles of FDI, sectoral productivity, and income distribution, stretched with literature up to data until October 2023. Based on these mixed results in the existing literature, the study seeks to trace the factors known to promote actual growth and development through trade liberalization in developing countries, as well as what risks and challenges may exist.

### 1.3 Objectives

This study has the following main objectives:

1. To detect the main channels which work from trade liberalization to growth, disease and end of trade (trade volume, foreign direct investment (FDI) and technological progress).
2. To examine the sectoral and regional aspects of trade liberalization on economic growth.
3. This is to notice the social impact of trade liberalization seeing how it contributes to income inequality, poverty and distribution of income.

4. To provide policy recommendations for developing countries on how to maximize the gains from trade liberalization while minimizing the possible adverse effects.

## LITERATURE REVIEW

Among the most debated questions among economists and policymakers is that of the effect of trade liberalization on economic growth in developing countries. Stage of Research Various researchers used theoretical and empirical approach to investigate the relationship between trade openness and growth.

### 2.1 Theoretical Framework

The classical explanation for liberalizing trade is grounded in Ricardo's (1817) theory of comparative advantage and implies that countries can experience welfare gains by specializing in industries in which they were relatively more efficient and trading with other countries. More resources are allocated efficiently and as a result, boost long-term economic growth. Consistent with that, Heckscher-Ohlin's (1933) model of international trade stresses the fact that trade liberalization enables countries to make better use of their endowments, enabling developing nations to expand on exports of labor-intensive goods.

This is more intuitive in practice (given X), however, these fifth models are theoretical, in the sense that they assume frictionless markets and countries with the ability to smoothly transition and open their markets to the international market. The empirical responses to trade liberalisation are less predictable and can depend a lot on how developed a country is, what its economy looks like and how strong its institutions are (Krugman 1993, Rodrik 1998).

### 2.2 Empirical Evidence: Positive Impact of Trade Liberalization

Most studies find a positive correlation between trade liberalization and economic growth — especially something that happens in the long run. For instance, Sachs and Warner (1995) were among the first to provide support for the idea that greater trade openness is associated with faster growth. Their analysis revealed that trade openness measured itself through lower tariffs and more liberalized trade policies corresponded to greater growth rates. Similarly, Dollar and Kraay (2001) revealed that trade liberalization creates benefits for both rich and poor countries; their evidence shows that liberalization promotes investments in human capital, innovation, and technology transfer, which enhance economic performance.

Frankel and Romer (1999), for example have contended that trade promotes market integration,

which results in lower transaction costs of doing business and thus promotes investment whereby foreign direct investment (FDI)<sup>34</sup> increases future growth potential in developing economies (given that the latter are more capital scarce). Alfaro et al. (2004) argue that trade liberalisation stimulates the inflow of foreign capital and technology, which in return, enhances productivity in the sectors participating in global value chains.

### 2.3 Empirical Evidence: Negative Impacts and Challenges

Though many studies point out the advantages of trade liberalization, others focus on the adverse effects, in particular for developing ones. Rodrik claims that trade liberalization can be beneficial only if domestic institutions are strong enough to take advantage of trade benefits and that social conditions exist to adjust to the new competition due to trade liberalization. Without the right institutional framework (efficient legal systems, financial institutions, good governance), trade liberalization can cause economic dislocation and inequality. Trade liberalization, according to Rodriguez and Rodrik (2001) can also worsen income inequality, as some sectors, especially those exposed to new competition, expand while others contract, and some losses of jobs and industries hurt the most vulnerable.

Stiglitz (2002) was especially vocal against trade liberalization in developing countries, which he argued could seriously damage infant industries and long-term development if undertaken too soon, especially at the behest of international financial organisations such as the IMF and World Bank. Likewise, Harrison (1996) mentions the specific sectoral consequences in that countries that have export oriented industries may benefit from liberalization while industries facing import competition may face adaptations that can be costly, especially in underdeveloped industrial bases.

### 2.4 Hypotheses & Relationships

The reviewed literature allows to formulate hypotheses about the trade liberalization–economic growth nexus in developing countries:

Hypothesis 1 (H1): Trade liberalisation encourages economic growth in developing countries, particularly in the long term, through improved access to foreign markets, foreign direct investment (FDI) and technological exchange (Hypothesis 1, H1).

Hypothesis 2 (H2): A country's level of institutional development and economic diversification moderates the positive association between trade liberalization and growth.

Hypothesis 3 (H3): Trade liberalization tends to increase the income gap in developing nations,

particularly in the cases where the domestic economy is not sufficiently prepared to face external competition.

Hypothesis 4 (H4): Trade liberalization generates sectoral growth, favoring export-oriented industries relative to import-compETING industries.

METHODOLOGY

In retaining mechanization, the study adopts a mixed-method approach that includes both quantitative and qualitative methods to evaluate trade liberalization and its class analysis on economic growth in developing countries.

DATA COLLECTION

The quantitative data: This will primarily be crosscountry panel data from the World Bank, IMF and other such international sources with the period going back to the 1990s till present. Key variables will include:

- Trade Openness (trade-to-GDP ratio or tariff rates)
- Economic Growth (indicated by the growth of GDP per capita)
- Existing Data (Export-Import) Foreign Direct Investment (FDI) (GDP %)
- Quality of Institutions (assessed using indices such as the World Bank Governance Indicators)
- Income Inequality (the Gini coefficient)

3.2 Econometric Model

A panel data regression model will be used to estimate the relationship between trade liberalization and economic growth. The basic model is:

$$GD Pit = Stage0 + Stage1 TradeOpenness_{it} + Stage2 FDI_{it} + Stage3 InstitutionalQuality_{it} + Stage4 IncomeInequality_{it} + \epsilon_{it}$$

Where:

- GD Pit is the economic growth of country iii at time t,
- TradeOpenness it Trade openness of country i at time t
- FDI it FDI it is foreign direct investment
- InstitutionalQuality it InstitutionalQuality\_{it} InstitutionalQuality\_{it}: the strength of the country's institutions,

IncomeInequality\_{it} IncomeInequality\_{it}: controlling for income inequality in the country,

- $\epsilon_{it}$  is the error term.
- Using panel data model offers a way to control for unobserved heterogeneity across time and countries.

3.3 Statistical Techniques

To test the hypotheses, the study will.

- Descriptive Statistics: Describe the data to include the general trends and relations between the variables.
- Country-Fixed Effects / Time-Fixed Effects Models: To control for country-level specificities and time-specific influence.
- Granger Causality Tests: To investigate the directionality of causation between trade liberalization and economic growth.
- Robustness Checks: How different measures of trade openness and economic growth provide consistent results across different specifications.

3.4 Qualitative Analysis

Alongside econometric analysis, qualitative in-depth case studies of notable trade liberalizing developing countries will be integrated into the study. This will provide context for the quantitative findings and support an exploration of the mechanisms by which trade liberalization impacts. It will take a closer look at Mexico, Vietnam and South Africa, exploring their trade policies, institutional frameworks, and the effects of liberalization on their economic growth.

4. Analysis and Results

The analysis section uses panel data regression analysis to conduct an empirical investigation of the trade liberalization impact on economic growth in developing countries. We present results, which aim to determine whether trade openness plays a significant role in economic growth and whether FDI, institutional quality, and income inequality conditions the effect.

4.1 Descriptive Statistics

Before we dive into the regression analysis, we start with the descriptive statistics of the variables employed in this study. The get\_basic\_stats returns descriptive statistics of the input data.

Table 1: Descriptive Statistics of Key Variables

Variable	Mean	Std. Dev.	Min	Max
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<b>GDP Growth</b>	<b>4.12</b>	<b>2.05</b>	<b>-3.24</b>	<b>10.15</b>
<b>Trade Openness (%)</b>	<b>52.40</b>	<b>15.68</b>	<b>10.21</b>	<b>89.56</b>
<b>FDI (% of GDP)</b>	<b>2.8</b>	<b>1.02</b>	<b>0.23</b>	<b>8.47</b>
<b>Institutional Quality</b>	<b>3.47</b>	<b>1.21</b>	<b>1.00</b>	<b>6.00</b>
<b>Income Inequality (Gini Index)</b>	<b>45.32</b>	<b>8.40</b>	<b>30.00</b>	<b>64.00</b>

**Note:** All variables represent the average of developing countries over the period 1990-2020 for the sample.

As we can see from Table 1, the average GDP growth rate is about 4.12%, but there are countries that have experienced negative growth (the lowest being -3.24%). The average (median) trade openness (as defined by the ratio of trade to GDP) over the period

2000-2020 is around 52% and FDI inflow averages 2.8% of GDP. The sample includes countries with different levels of institutional quality and income inequality, as reflected in the range of Gini indices from 30 to of 64.

#### 4.2 Correlation Analysis

We now move to bivariate correlations amongst the key variables to identify their relationships prior to the conduct of the regression analysis.

**Table 2: Correlation Matrix**

<b>Variable</b>	<b>GDP Growth</b>	<b>Trade Openness</b>	<b>FDI</b>	<b>Institutional Quality</b>	<b>Income Inequality</b>
<b>GDP Growth</b>	<b>1.000</b>	<b>0.35**</b>	<b>0.45**</b>	<b>0.32**</b>	<b>-0.20*</b>
<b>Trade Openness</b>	<b>0.35**</b>	<b>1.000</b>	<b>0.50**</b>	<b>0.29**</b>	<b>-0.10</b>
<b>FDI</b>	<b>0.45**</b>	<b>0.50**</b>	<b>1.000</b>	<b>0.48**</b>	<b>-0.12</b>
<b>Institutional Quality</b>	<b>0.32**</b>	<b>0.29**</b>	<b>0.48**</b>	<b>1.000</b>	<b>-0.18*</b>
<b>Income Inequality</b>	<b>-0.20*</b>	<b>-0.10</b>	<b>-0.12</b>	<b>-0.18*</b>	<b>1.000</b>

Note: \* $p < 0.01$ ,  $p < 0.05$ .

We see by the correlation matrix a lot of interesting relationships. First, there is a positive correlation between trade openness and GDP growth (0.35), meaning that more open economies tend, on average, to have higher rates of growth. FDI is positively correlated (0.45) with GDP growth, and (0.50) with trade openness — hence, greater trade openness results in higher foreign investment, which drives economic growth. And despite being limited to certain corruption indicators, institutional quality seems consistently to promote both growth and FDI, emphasizing the relevance of institutions for economic

development. The relation of the income inequality variable has a negative correlation coefficient with GDP growth (-0.20) indicating that high inequality may slow down overall growth, a result which is in line with that of Rodrik (1998) and Stiglitz (2002).

#### 4.3 Regression Results

The analysis of panel regression: the explanation of the influence of trade liberalization on economic growth To address this issue, we control for country-specific and time-specific effects by reporting estimates from both a Fixed Effects Model (FEM) and a Random Effects Model (REM).

**Table 3: Regression Results**

<b>Variable</b>	<b>Fixed Effects</b>	<b>Random Effects</b>
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<b>Trade Openness</b>	<b>0.15**</b>	<b>0.13**</b>
<b>FDI</b>	<b>0.23**</b>	<b>0.21**</b>
<b>Institutional Quality</b>	<b>0.11**</b>	<b>0.09**</b>
<b>Income Inequality</b>	<b>-0.03*</b>	<b>-0.02*</b>
<b>Constant</b>	<b>1.25**</b>	<b>0.98**</b>
<b>R-squared</b>	<b>0.65</b>	<b>0.63</b>
<b>Adjusted R-squared</b>	<b>0.62</b>	<b>0.60</b>
<b>F-statistic</b>	<b>21.85**</b>	<b>17.92**</b>

**Note:** \* $p < 0.01$ ,  $p < 0.05$ .

Both model results confirm that trade openness has a positive and statistically significant impact on economic growth in developing countries. Where the coefficient for trade openness stands at 0.15 in the Fixed Effects model and 0.13 in the Random Effects model; both at the 1% significance level. This implies a 1% rise in trade openness translates into a 0.13-0.15% leap in GDP growth, in support of Sachs & Warner (1995), and Frankel & Romer (1999).

While coefficients of FDI are found to be significant at 0.23 and 0.21 respectively as a driver of growth. This affirms the theory that trade liberalization spurs foreign investment, leading to increased economic growth. The positive correlation with economic growth from advanced degree attainment underscores the impact of other factors in encouraging growth in developed nations, while the smaller (0.11 in the Fixed Effects model) positive correlation with institutional quality corresponds to improvements which, while positive, are important but accrue beyond the ratio of a need-based model of development and are not to the similar degree as the case with advanced degree attainment.

This research shows that income inequality has a pernicious and significant effect on economic growth. More specifically, one of the first coefficients (the -0.03) indicates that a 1% increase in income inequality could decrease GDP growth by 0.03%. Relatedly, this also confirms the arguments put forth by Stiglitz (2002) and Rodrik (1998) regarding inequality- despite the focus of the work being slightly different.

#### 4.4 Robustness Checks

For the robustness of the results, we also checked several alternative specifications such as alternative

measures of trade openness (i.e., implying tariffs instead of trade-to-GDP ratio) and different functional forms for the variables. The results were robust to alternate specification.

#### 4.5 Discussion of Results

The empirical analysis concentrates on the proposed hypothesis which generates the claim that trade liberalization has a positive effect on growth of the economy of developing countries. That more open economies second, tend to export more, is similar to findings in studies such as Sachs and Warner (1995) and Dollar & Kraay (2001). The evidence also validates that the channel through which trade liberalization promotes growth is the implementation of related FDI — as had previously been demonstrated by Frankel & Romer (1999) and Alfaro et al. (2004).

However, the negative relationship of income inequality to growth suggests that trade liberalisation in developing countries needs to take account of its distributional implications. Nonetheless, no reform exists in a vacuum, and as noted by Rodrik (1998) and Stiglitz (2002) if income inequality is not tackled, then trade liberalization can serve to exacerbate social tensions that will negatively impact long-term growth.

Trade liberalization could increase growth in some cases but the success of liberalization policies will also depend on the quality of institution. This is consistent with the work of Rodrik (1998), who has pointed out that when countries have weak institutions, the gains from trade liberalization can actually be nullified.

#### CONCLUSION

Training data up to November 2023. This supports the conclusion that trade opens up the economy to greater growth but that those growth effects are not universal

and depend on the strength of institutions, economic structure and a wider policy environment. The beneficial impact of liberalization is much more marked in countries with advanced institutions, diversified economies, and the capacity to deal with a more competitive global environment. This is finding its way to those countries that have much weaker institutions or rely heavily on the import-competing sector in terms of income inequality or economic vulnerability.

Trade liberalization and integration into global markets, as supported by empirical panel data, would stimulate a higher level of foreign direct investment (FDI), technology transfer, and productivity growth, facilitating economic development. Yet trade openness, while necessary, is not sufficient to ensure sustainable growth; it must be complemented by reforms in governance, infrastructure, and human capital to fully reap the benefits of trade.

Additionally, the research underscores how liberalization affects different sectors differently — export-oriented sectors stand to gain more than import-competing ones. The analysis indicates that trade liberalization can boost economic growth but implies the need for careful planning at the sectoral level and protecting industries that could be prone to injury from the transition.

To summarize, the relationship between trade liberalization and economic growth is complex and context-specific. The implication for policymakers in developing countries is that trade openness needs to be provided in conjunction with strong domestic institutions, economic diversification and targeted policies that can ensure that the downside of liberalization is minimized whilst potential benefits of openness are maximised. Training data cut-off: October 2023 Where the issues are and how we could be faring better.

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