



# Socio-Psychological Effects in Family Relationships

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**Abstract:** In this article, the more important the role of a person in society, the more special attention is paid to the understanding of the peace, well-being, eternity, kindness of the family, the tribulations between the parent child.

**Keywords:** Family relationships, interpersonal relationships, social role, social status, family environment.

**Introduction:** The concepts of "community" and "family", a subgroup of Family – individuals based on marriage or blood-relationship ties, common lifestyles, moral responsibility, and mutual assistance, are closely related. This connection is seen in the fact that society does not exist without families and, in turn, the family arises and lives in the structure of a particular society. Social relations between the family and society are of the nature of bilateral ties. Each family operates on the basis of universal requirements. And the development of the development of society directly depends on the level of formation of the socio – economic and spiritual image of the families present in its bosom. Chunonchi believes that if the demands of Social being on families do not contradict their interests, but, on the contrary, help to ensure the well – being, peace of families, the support of social demands by families, the higher the indicator of ensuring their current implementation. One scholar interested in the history of marriage was the ancient Greek philosopher Plato. In his opinion, in all times and spaces, the patriarchal family is social it will be the basis of relations, the life of society, and the state is like this it arose from the unification of families. Taking care of a person, his work, his life and spiritual progress is the main goal of our government. The qualities of a person, his attitude to work, spiritual, ideological and cultural assets are formed in the family.

The neighborhood today is just a community of families,

their solidarity, their not only as an institution that represents the needs and needs, interests, rather, the one who practices public policy, in communicating them to each family carrying out important political-social, cultural-educational activities, its own- the one who practically introduces self-government, makes families political and political in society it is also a link that connects with Non-Institutions.

Preserving this space is the task of a man he is a woman . For the sake of a happy family , it is necessary that the first person does not quench his self-confidence , strive for his goals, make sure that one day he will have dreams and happiness . Only then will it be strong and full of affection. There will be a lot of thinking about the family. In the opinion of the president of the Republic of Uzbekistan Shavkat Mirziyoyev, how much do you have the right to say that a person is happy? You have the right to say if you are happy with your family. I consider myself happy only if my people , and not my family, are happy, ' he insists. The meaning is hidden in the thoughts mentioned by our countryman, who pays special attention not only to their family , but also to the people , thinking about their peace, happiness. There will be no exaggeration if we thank them for this. We know that at present , special attention is paid to the peace of Olila , that is , the insignificant reasons are the sharp increase in the number of divorces, the fact that children are orphaned alone causes family breakdown, unrest. In order not to have such problems, it is necessary first of all to be able to understand the relationship of the husband and wife and one, and in the place to properly educate children. Warm, friendly relations between parents and children are also instrumental in their finding a place in society. The reasons for the origin of conflicts (conflicts) that are constantly occurring between parents and children for various reasons have been studied and the following conclusions have been drawn:

1. The fact that parents do not understand the inner world of children creates various contradictions. Parents do not count with their children because they do not have sufficient knowledge of their mental characteristics.
2. In most families, the use of an authoritarian style in the upbringing of children causes conflicts to arise in some cases.
3. The origin of conflicts with parents and adults of the family leads to an assessment of self-enmity in children.
4. The emergence of conflict in parent-child relationships is associated with the habits of parents such as smoking, drinking, drug use.

5. In the formation of correct perceptions of a healthy lifestyle in children, achieving an individual role model of adults, parents leads to a decrease in the conflicts that may occur.

6. It is important that parents raise their children as spiritually rich, thoughtful, independent people, and encourage the child's activity, give opportunities to express their thoughts, establish mutual peace relations with them, friendly relations among peers and friends so that they can form the characteristics of sargens in them.

7. Fathers in Uzbek families are allowed to strengthen the process of communication with their children, pay attention to their interests and aspirations, and mothers are allowed the rights of mutual peace to their children, helping a reliable mutual emotional relationship between them.

8. Strengthening attention to its material, spiritual, pedagogical-psychological, hygienic foundations in the formation and elevation of intimate relationships between family members. The whole maintenance of the family bus is the duty of all people. The role of parents and the elderly in raising life experience in the formation of a certain way of standing of Uzbek families, the ability to fast , and the development of children as polite , spiritually mature is also great . For this reason, the characteristics of celibacy and serfdom were still maintained in Uzbek families.

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