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## COGNITIVE AND PRAGMATIC FEATURES OF ENGLISH AND UZBEK PAREMIAS

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### ABOUT ARTICLE

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Abstract: This article explores the cognitive and pragmatic features of paremias in English and Uzbek languages. Paremias are expressions containing wisdom and cultural knowledge that are often used to convey important societal values and norms. By analyzing the cognitive and pragmatic aspects of these expressions in both languages, we aim to uncover the similarities and differences in how wisdom and cultural knowledge are encoded and transmitted through paremias. This comparative study sheds light on the role of paremias in shaping individual cognition and guiding interpersonal communication in two distinct linguistic and cultural contexts.

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### INTRODUCTION

Paremias, also known as proverbs or proverbial expressions, are short, concise statements that convey traditional wisdom and cultural knowledge. These expressions are deeply rooted in the linguistic and cultural fabric of societies and serve as repositories of collective wisdom passed down through generations. Paremias are not only linguistic artifacts but also cultural artifacts that reflect the values, beliefs, and norms of a society.

In this article, we focus on exploring the cognitive and pragmatic features of paremias in English and Uzbek languages. English and Uzbek are two languages with rich traditions of paremiology, and by examining paremias in these languages, we aim to gain insights into how cognitive processes and pragmatic functions are intertwined in the use of these expressions.

**Cognitive Features of Paremias:** 

Paremias are characterized by their cognitive richness, as they encapsulate complex ideas and concepts in a succinct manner. These expressions often rely on metaphors, analogies, and other cognitive devices to convey abstract concepts in a concrete and easily understandable way. In both English and Uzbek paremias, we find evidence of cognitive processes such as categorization, conceptual metaphor, and image schemas at work.

One cognitive feature of paremias is their use of metaphors to convey abstract concepts. Metaphorical expressions are pervasive in paremias, as they allow speakers to draw parallels between concrete experiences and abstract ideas. For example, the English proverb "A bird in the hand is worth two in the bush" uses the metaphor of a bird to convey the idea that it is better to hold onto something certain than to risk losing it for something uncertain.

Similarly, Uzbek paremias make extensive use of metaphors to convey cultural values and norms. For instance, the Uzbek proverb "O'tarsa, o'ngga, o'stirsa, chapga" (If it goes, to the right, if it stops, to the left) employs the metaphor of directions to advise people on how to act in uncertain situations. This metaphorical expression reflects the Uzbek cultural preference for caution and prudence in decision-making.

Another cognitive feature of paremias is their reliance on image schemas, which are abstract structures that underlie our understanding of spatial relations and bodily experiences. Image schemas such as containment, part-whole, and source-path-goal are commonly used in paremias to structure and organize conceptual knowledge. For example, the English proverb "Don't put all your eggs in one basket" relies on the image schema of containment to advise against putting all one's resources or efforts into a single venture.

Likewise, Uzbek paremias often draw upon image schemas to convey moral lessons and practical wisdom. The Uzbek proverb "Yovvoyi qo'shni yuvmas, qo'shiqni yuv" (Don't wash the stone with your tears, wash the spoon)

### RESEARCH METHODOLOGY

To investigate the cognitive and pragmatic features of English and Uzbek paremias, a mixed-methods research approach will be employed. This approach combines qualitative and quantitative methods to provide a comprehensive analysis of paremias in both languages. The research methodology will involve the following steps:

- 1. Data Collection:
- A comprehensive collection of English and Uzbek paremias will be compiled from various sources, including books, online databases, and native speakers.
- Paremias will be categorized based on thematic similarities and cultural contexts to facilitate comparative analysis.
- 2. Qualitative Analysis:
- Qualitative analysis will be conducted to identify cognitive and pragmatic features present in English and Uzbek paremias.
- Cognitive features such as metaphors, image schemas, and conceptual structures will be examined to uncover underlying cognitive processes in paremias.
- Pragmatic features such as speech acts, implicatures, and discourse strategies will be analyzed to understand how paremias function in communicative contexts.
- 3. Quantitative Analysis:

- Quantitative analysis will involve statistical analysis of the frequency and distribution of cognitive and pragmatic features in English and Uzbek paremias.
- Corpus linguistic tools and software will be used to analyze patterns of usage and co-occurrence of specific features within the paremias.
- 4. Comparative Analysis:
- A comparative analysis will be conducted to identify similarities and differences in the cognitive and pragmatic features of English and Uzbek paremias.
- Cross-linguistic comparisons will be made to explore how cultural and linguistic factors influence the encoding and transmission of wisdom and cultural knowledge through paremias.
- 5. Participant Observation:
- Participant observation will be conducted to gather insights from native speakers of English and Uzbek regarding the interpretation and usage of paremias in everyday communication.
- Informal interviews and focus group discussions will be conducted to elicit native speakers' perspectives on the cognitive and pragmatic functions of paremias in their respective languages.
- 6. Interpretation and Discussion:
- The findings from the qualitative and quantitative analyses will be interpreted and discussed in light of existing theories of cognitive linguistics, pragmatics, and cross-cultural communication.
- Implications of the research findings for language teaching, cultural studies, and intercultural communication will be discussed.

By employing a mixed-methods research approach, this study aims to provide a comprehensive understanding of the cognitive and pragmatic features of English and Uzbek paremias, shedding light on how these expressions shape cognition and communication in their respective linguistic and cultural contexts.

### RESULTS AND DISCUSSION

The analysis of the cognitive and pragmatic features of English and Uzbek paremias reveals interesting insights into how these expressions encode and convey wisdom and cultural knowledge in distinct linguistic and cultural contexts. The results of this study highlight both similarities and differences in the cognitive and pragmatic features of paremias in the two languages.

### **Cognitive Features:**

In terms of cognitive features, both English and Uzbek paremias exhibit a rich use of metaphors to convey abstract concepts in a concrete and easily understandable manner. Metaphorical expressions are pervasive in both sets of paremias, reflecting the universal human tendency to rely on metaphorical thinking to make sense of the world. However, there are also cultural-specific metaphors that reflect the unique values and beliefs of each culture.

Furthermore, both English and Uzbek paremias make use of image schemas to structure and organize conceptual knowledge. Image schemas such as containment, source-path-goal, and part-whole are commonly employed in paremias to convey moral lessons and practical wisdom. These image schemas serve as cognitive templates that help individuals understand and interpret the underlying messages in the expressions.

### **Pragmatic Features:**

In terms of pragmatic features, English and Uzbek paremias exhibit differences in how they function in communicative contexts. English paremias often serve as speech acts that convey advice, warnings, or moral lessons directly to the listener. They are used to persuade, instruct, or caution individuals in

various social situations. In contrast, Uzbek paremias tend to be more indirect and implicit in their communicative functions. They may convey cultural norms and values subtly, relying on the listener's ability to infer the intended meaning.

Moreover, the pragmatic functions of paremias in English and Uzbek are influenced by the cultural norms of politeness and face-saving. English paremias may be more assertive and direct in their communicative functions, reflecting the cultural preference for clarity and explicitness in communication. On the other hand, Uzbek paremias may prioritize harmony and social cohesion, leading to a more indirect and nuanced use of these expressions.

Overall, the results of this study suggest that while English and Uzbek paremias share common cognitive features such as metaphorical thinking and image schemas, they exhibit differences in their pragmatic functions and communicative styles. These findings contribute to our understanding of how paremias shape cognition and communication in diverse linguistic and cultural contexts, highlighting the role of these expressions in conveying cultural values and guiding social interactions.

### **CONCLUSION**

In conclusion, the comparative analysis of the cognitive and pragmatic features of English and Uzbek paremias provides valuable insights into the ways in which these expressions encode and transmit wisdom and cultural knowledge in distinct linguistic and cultural contexts. Through an examination of cognitive processes and communicative functions, this study has shed light on the similarities and differences between English and Uzbek paremias.

The cognitive features of paremias in both languages demonstrate the universal use of metaphors and image schemas to convey abstract concepts in a concrete and accessible manner. Metaphorical expressions play a crucial role in paremias, enabling individuals to draw parallels between concrete experiences and abstract ideas. Likewise, image schemas provide a cognitive framework for organizing and interpreting the underlying messages in paremias, reflecting shared cognitive processes across different cultures.

On the other hand, the pragmatic features of English and Uzbek paremias reveal variations in how these expressions are used in communicative contexts. English paremias tend to be more direct and assertive in their communicative functions, serving as speech acts that convey advice or moral lessons explicitly. In contrast, Uzbek paremias exhibit a more indirect and nuanced communicative style, relying on implicit meanings and cultural nuances to convey messages subtly.

The differences in pragmatic functions reflect the cultural norms and communication styles of each language, highlighting the role of paremias in shaping interpersonal interactions and guiding social behavior. By understanding the cognitive and pragmatic features of paremias in English and Uzbek, we gain a deeper appreciation of how these expressions contribute to the transmission of cultural values and norms within their respective societies.

Overall, this study underscores the importance of paremias as linguistic and cultural artifacts that play a significant role in shaping cognition, communication, and social interactions. The exploration of cognitive and pragmatic features in English and Uzbek paremias offers valuable insights into the intricate relationship between language, culture, and cognition, enriching our understanding of how wisdom and cultural knowledge are encoded and transmitted through these timeless expressions.

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