



WHAT IS VIOLENCE AND HOW TO IDENTIFY IT?

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ABOUT ARTICLE

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Abstract: This article has identified many studies that can help you better understand the phenomenon of violence between people at the moment. Knowledge of this information allows, in some cases, to establish measures of personal and civil re-education, prevention or correction. In others, it has been analyzed that it practically does not allow the application of penalties corresponding to the degree of violence achieved by force.

INTRODUCTION

In ancient times, violence was considered the most influential style of influence, forcing a person to be superior to another. What is violence? Why is this influence weakening in modern society? Psychology helps to get detailed answers to questions. The most common forms of violence are:

1. Physical. It manifests itself in the form of injuries and injuries, which are often the cause of death. Some individuals use it to defend their interests or to force them for any action.
2. Sex. There are many varieties. The main focus of sexual violence is to force sexual intercourse.
3. Spiritual (spiritual, emotional). He is constantly verbal threats, insults, leads the victim to a depressive, anxious state and sets in motion against his own moral principles and principles.
4. Political. Forcing people to power, authoritarianism. Increased political violence can turn into genocide.
5. Home page. Domestic violence is one of the most common forms of negative influence of an individual on another. In most cases, the victims are women and children - weak members of society.
6. Child abuse. It can manifest itself in other forms (physical, emotional, sexual).
7. Information (television). Violence has been used in television programs as well as in online societies. This includes films on various topics and news programs that provide incorrect, misinformation.
8. Armed violence. Influence on a person who threatens any weapon.

With the advent of technological progress, primitive human instincts did not go anywhere - conflicts, aggressiveness of some people sometimes increased. According to the results of the study, this is due to the impact of information received from the internet and television. Violence and violence,

openly manifested in various programs, force people to explain this behavior to themselves. Killing, beating a woman or a child, forcing a person to do something - this is normal and acceptable for society. What is violence? This is a manifestation of disrespect for moral principles, for the needs of others, of putting one's own interests above all else. Violence has a negative effect on people of all ages, prevents society from developing normally, constantly throws it out again.

Acts of violence, attack or hatred of a child, contribute to the formation of a weak personality, actions that cannot protect their interests and protect themselves. Also, violence is used that allows such a child to become an adult, and in the future he begins to apply the model of aggression that tortured him in childhood.

Political violence, manifested in the form of an authoritarian regime, causes outrage on the part of the people, which causes oppression, wars and revolutions.

Physical violence occurs in all aspects of life. Its manifestations most often include adolescents with unstable emotional states, such as people with adaptive, mental disorders.

Today, there are no basic conditions for violent actions, but there are certain psychological and social factors that affect a person and negatively affect him.

This includes:

Specific features of education (if parents are sadists, then the child's aggressive behavior may increase).

- The environment of a person (the circle of communication has a strong influence on the formation of personality).
- Alcoholism and drug addiction.
- Genetic malfunction in mental disorders.
- Congenital innate desire to occupy a leadership position, incorrect, violation of the concept of leadership.

Several types of this negative effect combine several types of violence: physical, emotional, sexual, child abuse. This effect can regularly harm one of the family members or one of their partners. According to statistics, the most vulnerable members of society - children, women and the elderly - suffer more from domestic violence.

How to prevent domestic violence? Psychology speaks of the cyclical nature of domestic violence. That is, if the negative happens once, it happens again again. Aggressive behavior is the tension in the relationship, first the glow of anger and violence, and then the apology from the person who carries out the conflict. Then the relationship is restored, a short agreement appears. A little later, everything is repeated.

Psychologists advise women not to prevent domestic violence, but to avoid individuals prone to such actions. A potential attacker can be controlled according to the characteristics that characterize him as follows:

- Man is cruel to animals;
- Does not accept any criticism;
- Humiliates women who met in front of a familiar person;
- In the early stages of a relationship, it completely limits the circle of communication of women.

The use of violence in the form of attack and violence is punishable by law, and the spouse does not need to look for excuses. When time cannot stop the manifestation of aggression, the risk of life for women and joint children in the future increases significantly.

Often, the negative impact is due to the nature of the partners, but there are other factors that destabilize the organized union. What is domestic violence? This is manifested, first of all, in the form

of disrespect for his honor, the attitude of his second half (most often - his wife), humiliating insult to his dignity, deeds. The extreme stage of violence is an attack.

The factors that provoke the development of domestic violence are:

- Aggressive behavior of the parents of his childhood partners. In this case, he copies the model of behavior and reproduces it in his family.
- Drinking alcohol or drugs. Alcohol and drugs strengthen the mental state of a person.
- Low level of Culture, lack of moral concepts.
- Low self-esteem of one of the partners.

This is a small list of reasons that lead to aggressive behavior in the family. In fact, there are many of them: the behavior of people can affect the way they watch TV and interact with people whose violence is the norm (different sects, communities).

CONCLUSION

What is child abuse? This is not only physical impact, but also emotion, making him feel unnecessary and unloved. How to achieve this? It is necessary to pay more attention to the child, not to neglect joint training. Psychologists do not advise the use of punishment in the form of violence and violence against children, since all this can lead to an unstable, canceled personality in the future.

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