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The practical situation and parameters of formation of professional pedagogical culture for students of physical culture education

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Abstract: The article examines professional pedagogical culture, the main mechanisms used in the development of professional pedagogical culture, the practical situation and parameters for the formation of professional pedagogical culture of physical education students.

Keywords: Professional pedagogical culture, pedagogical knowledge, pedagogical skills, moral values, personal and professional development.

Introduction: Professional pedagogical culture means taking into account ethical, aesthetic, psychological, and social aspects while carrying out the pedagogical activities of a teacher or trainer, successfully applying their knowledge and skills to the educational process. Education of professional pedagogical culture for students of physical culture education serves to form in them high spiritual and professional values, as well as the ability to find their place in society.

The main components of the formation of professional pedagogical culture are as follows:

- **Pedagogical knowledge:** mastering teaching methods, methods and technologies. A teacher or trainer must know the pedagogical basics in order to effectively convey their knowledge to students.
- **Pedagogical skills:** professional skills of a teacher in working with students, including communication, motivation, organization and management of the educational process.
- **Ethical values:** Includes ethical principles and values that are important in pedagogical activities, such

as fairness, impartiality, respect and empathy.

- **Personal and professional development:** A teacher's or trainer's desire for self-development, self-esteem and continuous learning.

There are the following theoretical approaches to the education of professional pedagogical culture for students of physical education:

- **Integration of physical and moral education:** In the process of physical culture education, it is necessary to implement moral and spiritual education along with physical activity. It develops a healthy lifestyle and responsibility in students.

- **Practice-based learning:** Students learn professional pedagogical culture through practical training, sports competitions and other sports activities. Through a practical approach, they learn how to conduct themselves in the profession.

- **Personal approach:** Depending on the individual characteristics of students, it is important to apply a personal approach to their development. This will increase their self-confidence and develop pedagogical skills.

- **Interactive methods:** Students learn pedagogical culture by expressing their opinions, working in groups, and interacting with each other. This process develops their professional and social skills.

Physical culture education and professional pedagogical culture are complementary concepts. Physical culture education, along with teaching students a healthy way of life, also helps their mental and moral development. Professional pedagogical culture develops the professional and ethical skills of a teacher or trainer in the educational process. The combination of these two aspects ensures that education is effective and spiritually meaningful.

The main mechanisms used in the education of professional pedagogical culture are:

- **Innovative pedagogical technologies:** Improving the effectiveness of education through the use of modern technologies in physical culture education. This allows students to further improve their knowledge and skills.

- **Continuous professional development:** Conducting courses and training for teachers and trainers to improve their skills. This will improve their pedagogical culture and professional competence.

- **Development of moral and social responsibility:** To help students understand their place in society and feel moral responsibility. This increases their ability to make good decisions in their

relationships, sports and social life.

It is important to determine how the formation of professional pedagogical culture is implemented in practice, to determine its parameters and to determine their dimensions. These aspects are detailed below.

1. The state of formation of professional pedagogical culture in practice

The practice of forming professional pedagogical culture among students in the field of physical culture consists of several aspects. Pedagogical methods and approaches play an important role in the educational process. However, some problems may arise in practice:

- **Effectiveness of pedagogical methods:** Standard pedagogical methods are often used in practice in the field of physical culture. But sometimes the individual needs and psychological characteristics of students are not taken into account. This makes it necessary to make changes in the formation of professional pedagogical culture.

- **Practical training and experience:** Practical training and experience are important for students of physical education. However, in some educational institutions, the effectiveness of practical training may be low, because students do not receive enough support and advice to form a professional pedagogical culture in practice.

- **Relations between students and teachers:** In the formation of professional pedagogical culture, it is necessary to pay attention to the quality of communication between students and teachers. Sometimes the relationship of trust and respect between teachers and students does not develop, which reduces the effectiveness of the educational process..

- **Psychological and moral aspects:** Students need more psychological and moral support in forming their professional culture. There may be shortcomings in taking into account these aspects in the educational process. It is also necessary to develop moral values and emotional intelligence through sports and physical activities.

2. Determining the parameters of formation of professional pedagogical culture

In order to be effective in the formation of professional pedagogical culture, it is necessary to define and measure its parameters. The following parameters are the basis of the process of formation of professional pedagogical culture:

- **Pedagogical competence:** Measuring the pedagogical knowledge and skills of teachers in physical culture education, how effective they are in teaching students. This parameter includes theoretical

knowledge, practical experience, methodological approaches and communicative skills of the teacher.

- **Ethical and social responsibility:** Assessment of whether students perform their professional activities with moral and social responsibility. This parameter measures their moral values, values of justice, respect and trust in physical activity.

- **Personal and professional development:** Level of personal and professional development of students. This parameter helps to measure the student's efforts aimed at self-development, achievement of personal goals and further improvement in the professional field.

- **Motivatsiya va ishtirok:** The level of motivation of students in relation to the educational process and their capacity for physical activity change. This parameter helps to assess the readiness of students to take action to achieve their goals, as well as their active participation in the educational process.

- **Physical condition of students:** Measuring the physical development of students in the process of physical culture education. This parameter helps to determine how much students are interested in sports, their physical potential and how well they have mastered a healthy lifestyle.

- **Effectiveness of using pedagogical technologies:** Measuring the level of use of modern pedagogical technologies in the educational process and their positive impact on the formation of professional pedagogical culture.

3. Recommendations for increasing efficiency in practice

The following recommendations can be made to improve the practical situation and parameters of the formation of professional pedagogical culture among students in the field of physical culture education:

- **Differentiated education:** Organization of the educational process taking into account individual differences among students. Use pedagogical methods suitable for the needs of each student.

- **Pay more attention to practical training:** Expanding the practical directions of physical culture education, organizing more practical exercises, sports competitions and trainings for students. This helps to form their professional pedagogical culture.

- **Improving the pedagogical skills of teachers:** To improve the skills of teachers on the formation of professional pedagogical culture, to introduce them to new pedagogical technologies and methods. This increases the efficiency of teachers.

- **Psychological support:** Solving problems in the

formation of professional pedagogical culture for students through psychological counseling, stress management training and psychotherapeutic approaches.

CONCLUSION

In conclusion, it is worth saying that physical culture is necessary to analyze the practical situation and parameters of the formation of professional pedagogical culture in students in the field of education, to make the educational process more effective and successful. Taking into account such parameters as pedagogical competence, moral responsibility, personal development, motivation and physical condition serves to increase the effectiveness of education. To improve this process, it is necessary to use an individual approach, practical training and pedagogical technologies.

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