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The Epidemiology, Aetiology, Prevention, And Treatment of Children with This Disease

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Abstract: Developmental lip deformity, cleft alveolar process, and cleft palate represent some of the most challenging malformations within the maxillofacial region, with an incidence of 1 in 1000 newborns, a figure that continues to rise [3, 4, 13, 18]. The rehabilitation and care of these patients is a pressing issue due to atypical facial development, secondary abnormalities, speech and mastication difficulties, prolonged recovery periods, and the necessity for the child's social adaptability [8]. Current research discusses how to manage children with cleft lip and palate issues, and some people believe that an integrated strategy is necessary [11, 19].

Keywords: Atypical facial development, secondary abnormalities, speech and mastication difficulties, prolonged recovery periods.

Introduction: Developmental lip deformity, cleft alveolar process, and cleft palate represent some of the most challenging malformations within the maxillofacial region, with an incidence of 1 in 1000 newborns, a figure that continues to rise [3, 4, 13, 18]. The rehabilitation and care of these patients is a pressing issue due to atypical facial development, secondary abnormalities, speech and mastication difficulties, prolonged recovery periods, and the necessity for the child's social adaptability [8]. Current research discusses how to manage children with cleft lip and palate issues, and some people believe that an integrated strategy is necessary [11, 19]. Children afflicted with this disease can undergo comprehensive rehabilitation and social integration in specialised medical facilities [7, 14]. The work's goal is to show how

well orthodontists and maxillofacial surgeons can collaborate by using a challenging rehabilitation case involving a patient who has a congenital cleft palate, alveolar process, and left upper lip.

METHODS

A diagnosis of "congenital complete left-sided cleft of the upper lip, alveolar process and palate" was made for Patient I on August 5, 2003 [23]. [23]. The kid received early orthopaedic treatment based on G.V. Dolgoplova's approach, lasting from 15 days to 5 months, to correct the position of the palate. Normalising the palatine plate's position and minimising the disparity between the large and tiny pieces of the maxillary alveolar process were the goals [5]. Once this phase of treatment was finished, ureteroplasty was done at 12 months of age and primary rhinoplasty at 5 months [10, 15]. Following surgery, the patient received yearly examinations from an orthodontist and a surgeon. An irregular placement of individual teeth in the anterior maxillary region and a slight constriction of the maxillary dentition were observed at the age of eight, during the era of tooth development. The patient received a partial 2*4 bracket system to correct the axial positioning of the maxillary incisors [1, 2, 11, 16, 21]; following the alignment of teeth 1.1 and 2.1, the braces were removed, concluding a treatment duration of 11 months. The diagnosis at the point of withdrawal: "Late tooth change, narrowing and shortening of the dentition, abnormal position of individual teeth and absence of an alveolar process on the left upper jaw." In order to establish ideal conditions for alveolar osteogenesis, preparatory orthodontic therapy was subsequently carried out at the age of 10 years following consultation with an orthodontist and a maxillofacial surgeon [9, 17, 22, 25]. The patient's postoperative orthodontic therapy commenced at age 11, utilising the fixed straight arch approach. All of the permanent maxillary teeth erupted at the start of treatment, allowing the diagnosis to be established and justified: "neutral bite (molars of class I according to Eng), narrowing and shortening of the maxillary dentition, palatal position of teeth 1.2 and 2.2, excessive fullness of the tooth 2.2, and the absence of an alveolar process on the left side of the upper jaw." There were multiple phases to the additional treatment: 1. Active orthodontic treatment stage (12/25/2014): teeth 1.2 and 2.2 were placed, Gemini braces were put in, and CuNiTi 0.014, CuNiTi 0.016, and CuNiTi 0.016*022 arches were horizontally aligned to generate space. Following the first stage, which involved switching to the SS 0.016*022 arc, a maxillofacial surgeon inspected the patient and decided on the alveolar osteoplasty strategy. 2. During

the surgical phase (05.04.2016), a bone autograft from the iliac crest and a Bio-Gide biodegradable membrane were employed to address the parphyseal deficiency of the alveolar bone, utilising a technique established at the Bonum Medical Centre [6, 12, 20, 24]. To create a bed for the implantation of a bone autograft, a muco-periosteal flap that had been intraoperatively removed and mobilised was sewn. A biodegradable Bio-Gide membrane, with both smooth and rough surfaces, was positioned on the soft tissues 1-2 mm from the bone border to facilitate the installation of a bone graft. After placing the bone autograft (good iliac bone) on a bed that had been prepared, it was covered with an absorbable BioGide membrane that overlapped the edge of the bone defect by 1-2 mm and had a rough surface compared to the bone. The membrane was secured under mild pressure during the coagulation of blood. The area beneath the membrane is essential for bone repair and the maintenance of the blood clot. A muco-rib flap was utilised on the absorbable membrane, and the wound was sealed and sutured. Following surgery, the teeth's proportions and bite restored to normal. Considering the preferences of the patient and parents, the decision was made to remove the bracket system and put fixed retainers on the upper teeth. The aggressive orthodontic therapy and alveolar osteoplasty required a duration of 18 months. The outcome of an intricate rehabilitation process is depicted in the picture. The patient underwent all rehabilitation from specialised professionals, including a paediatric dentist, ENT physician, neurologist, and speech therapist, up to the age of 15, during dynamic follow-up at the Bonhomme International International Medical Centre. An evaluation of face aesthetics was conducted when the patient was taken off dynamic observation. A minor facial asymmetry was evident due to scars after jaw surgery; nonetheless, the profile remained straight. The patient and her mother assessed the appearance as satisfactory. The speech therapist assessed the child's speech as satisfactory.

CONCLUSION

Using the most recent technologies created at the International Medical Centre (early orthognathic treatment of the author, alveolar osteogenesis with a bio-controlled biodegradable membrane) in conjunction with a conventional non-removable orthodontic device, this case illustrates the collaboration of orthodontists and maxillofacial surgeons. For children with congenital cleft lip, alveolar process, and cleft palate, such an integrated approach guarantees prompt rehabilitation with successful outcomes.

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