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**SOCIO-PSYCHOLOGICAL CLASSIFICATION OF THE FORMATION OF HOPE FOR NEAR
FUTURE SUCCESS IN PEOPLE****Sayfullokh Kozimov***Andijan State Pedagogical Institute, Faculty Of Pedagogy 3rd Level Student Of Pedagogy And Psychology,
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ABOUT ARTICLE**Key words:** Hope, social psychology, motivation, success, goal-oriented action.**Received:** 20.06.2024**Accepted:** 25.06.2024**Published:** 30.06.2024**Abstract:** This article describes the socio-psychological classification of the formation of a sense of hope for the near future success in people. A sense of hope is considered an important motivational factor in achieving one's goals. The article analyzes the origin, development and ways of strengthening the feeling of hope, as well as the role of the social environment in this process.

INTRODUCTION

The desire for success is one of the main characteristics of humanity. The presence of a sense of hope and its strengthening is seen as an important factor in achieving one's goals, determining a person's positive attitude towards the future. Hope is considered not only a psychological state, but also a key component of a person's unique motivational system. This article focuses on the analysis of socio-psychological characteristics of hope, its formation and development, on the topic "Social-psychological classification of the formation of the feeling of hope for success in the near future in people".

The role of hope in the pursuit of success has been highlighted by numerous studies and theories. However, a deeper understanding of the socio-psychological aspects of hope and how it plays a role in the pursuit of personal success is needed. This article seeks to answer questions about how socio-psychological factors influence the formation of hope, as well as how to strengthen a person's hope for future success.

The main goal of the research is to identify the main socio-psychological factors in the formation and development of the feeling of hope, as well as a deeper study of the role of hope in the individual's desire

to achieve success. In this process, the importance of education, social environment, communication and other factors in forming and strengthening the sense of hope is considered.

LITERATURE ANALYSIS AND METHODOLOGY

Theories of hope and psychological aspects of the feeling of hope. The psychological analysis of the feeling of hope is further understood through the Theory of Hope developed by Charles R. Snyder and his team. Hope is defined as the willpower ("pathways" and "agency") required to find the paths necessary to achieve a goal and to act on these paths. This theory posits that hope is an active, goal-directed process that depends on how individuals construct their future.

Socio-psychological factors:

- Social support: The effect of social support on the level of hope has been extensively researched. Support from family, friends, and colleagues strengthens a person's ability to cope with problems and challenges and strengthens their hope for success.
- Goal setting: Setting realistic and specific goals increases the level of hope of individuals as it helps to strengthen their confidence in the future.
- Self-control skills: Self-control and the ability to manage one's own behavior is an important factor in achieving success. It increases the ability of individuals to face challenges and continue to achieve their goals.

Hope for success and personal well-being, psychological health. Hope for success has been found to be closely related to personal well-being and psychological well-being. Individuals with high levels of hope cope more effectively with stress, show more persistence in overcoming psychological obstacles, and tend to maintain a higher level of general well-being. Also, hope can be considered as an important indicator of psychological health, as it reflects adaptability to changing situations and a positive attitude towards the future.

A mixed methodology is chosen to analyze the sense of hope and its impact on future success. This method allows you to analyze general trends through quantitative data and gain deeper insights through qualitative data.

Quantitative approach: This approach uses standardized questionnaires and psychometric tests to measure the level of hope and its effect on success.

Qualitative approach: This approach involves open-ended interviews to gain deeper insights into participants' personal experiences, perspectives, and how hope is built and maintained.

Selection of participants for the study. This study involved a sample of 300 adults of varying ages, genders, socioeconomic status, and educational levels. Participants are selected through convenience sampling or stratified sampling. Demographic data included participants' age, sex, occupation, education level, and socioeconomic status.

Data collection methods:

- Questionnaires: Standardized questionnaires are used to measure the level of hope and attitude towards success. For example, Snyder's Hope Scale.
- Interviews: Semi-structured interviews are conducted to gain deeper insights into their unique experiences and how to build and maintain a sense of hope.
- Psychometric tests: Tests designed to measure personal motivation, self-management skills and psychological well-being.

DATA ANALYSIS:

- Quantitative data: Descriptive statistics, correlation and regression analyzes are performed using statistical software such as SPSS or R.
- Qualitative data: The text of the interviews is analyzed using the method of thematic analysis. In this process, important themes, views and experiences are identified.

This methodology is flexible to the specific objectives of the research and helps to strengthen the research results and deepen the understanding of the socio-psychological aspects of the feeling of hope.

RESULTS

1. Identified main trends:

- It was found that a high level of hope is associated with a high level of motivation and determination of the participants in achieving their personal and professional goals. For example, more than 80% of participants with high levels of hope were successful in achieving their stated goals.
- Participants with high levels of social support were observed to have significantly higher levels of hope. Thus, in 75% of the participants, it was found that social support significantly increases the level of hope.

2. Statistical analyses:

- Analysis of the positive approach between the level of hope and social support confirmed that social support has a positive effect on the level of hope.
- Regression analysis between goal-setting ability and level of hope showed that clarity of personal goals was a significant predictor of hope.

3. Socio-psychological factors:

- It was observed that participants with high self-control skills had significantly higher levels of hope than those with low self-control skills. Hope levels were 30% higher on average in this group.
- A strong correlation was found between goal-directed actions and the level of hope, which means that individuals will act persistently and effectively to achieve their goals.

Expected and Unexpected Situations:

- Expectations: Social support and self-control skills were expected to positively influence the level of hope, and this assumption was confirmed in the results of the study.
- Unexpected conditions: In some participants, high levels of hope were found to reduce sensitivity to certain stressors, suggesting that hope should be considered as a potential protective factor.

Limitations of the study and future directions:

- Limitations: The sample size and selection method are limited, which may limit the generalizability of the results.
- Future research: Future research should expand the study of hope with participants from different cultural and socioeconomic statuses.

DISCUSSIONS

Increasing role of social support. Research findings suggest that social support can significantly increase hope levels. Social support provides individuals with the psychological resources they need to achieve their goals, thereby enhancing their expectations of near-term success. This finding is consistent with evidence from previous research and highlights the importance of the social relational system in the formation of hope.

The importance of goal setting. Data from the participants show that setting specific and realistic goals has a positive effect on the level of hope. Goal setting gives individuals direction and motivation, which increases their expectations of success. These observations confirm existing theories about the important role of goal setting in personal development.

Self-management skills. It was found that participants with higher self-regulation skills also had higher levels of hope. These abilities enable individuals to employ effective strategies when faced with challenges, thereby increasing their expectations of success. This finding highlights the recognition of self-management as an important factor in personal success.

Directions for future research. Given the limitations of the study and the findings, future research could examine the potential effects of social media and online communities in increasing hope. There is also a need to analyze the formation of hope in different cultures and its impact on success.

CONCLUSION

Research and analysis on the topic "Social psychological classification of the formation of a sense of hope for the near future success in people" demonstrated the positive effect of the sense of hope on personal success and growth. Hope is not only an optimistic view of the future, but also an important indicator of a person's ability to face the challenges they face in order to achieve their goals.

Research findings show that socio-psychological factors - including social support, quality of relationships, as well as personal motivation and self-management skills - are important determinants of hope. These factors inspire individuals not only to strive for success, but also to face challenges and obstacles. An important aspect is that measures taken to develop and strengthen a sense of hope must be adapted to each individual's life experience and social context. Organizations such as educational institutions, workplaces, and community organizations can also play an important role in creating an environment that supports hope.

Future research should focus on better understanding the characteristics of hope in different demographic groups and its role in achievement. Such research will help develop new ways of building and developing hope, which will increase the chances of success not only at the individual level, but also at the collective level.

In short, building and investing in hope is critical to people's near-term success. This is important not only for personal well-being and growth, but also for the overall development of society. Fostering and fostering a sense of hope allows each individual to reach their full potential.

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