



## SPECIFIC FEATURES OF ORGANIZATION OF SPORTS COMPETITIONS IN HIGHER EDUCATIONAL INSTITUTIONS

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**ABSTRACT:** - The article provides clear information about the correct organization of football competitions in higher educational institutions, the correct execution of regulatory documents on the organization of competitions, the system of competitions and the importance of competitions.

**KEYWORDS:** Championship matches, cup competitions, qualifying matches, friendly matches, test matches, competition rules, competition system.

### INTRODUCTION

Sports competitions are a major part of training. Football competitions increase interest, contribute to the mass development of football in higher education institutions. A player cannot achieve high results without regular participation in competitions. Competitions determine the level of physical, technical, tactical, moral and psychological readiness of participants and the team as a whole, allow to determine the status and direction of the training process. The results

of the competition will serve as a means of completing the training. Competitions cultivate perseverance, willpower to win, and a sense of responsibility to the class and the school. The emotional tension of competitions allows us to determine the psychological characteristics of athletes.

### THE MAIN RESULTS AND FINDINGS

Provides methodological assistance to physical education teachers in the

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organization of competitions, providing information about the rules of the competition, the system of competitions, which are important in the organization and conduct of football competitions in higher education institutions.

Depending on the tasks set, the competitions can be divided into main and auxiliary competitions. The main competitions are the competitions organized in accordance with the requirements of the Unified Sports Classification and based on the results of which the sports classification is determined and named the winner or champion.

The main type of competitions are calendar competitions, which are based on a single calendar plan of sporting events and are held in accordance with the approved regulations.

The following are the main types of competitions:

- championships or championships;
- Cup competitions;
- qualifying competitions.

Championships or championships are the most responsible competitions, the results of which give the winning team the title of champion. This type of organization of competitions allows you to rationally assess the strength of the teams, to compare the quality of training.

Cup competitions are held in order to attract a large number of teams and determine the winner in a relatively short period of time. Cup competitions are held on the principle of consistency of the best.

Qualifying rounds are held to determine the strongest teams to participate in the next round of competitions.

Auxiliary types of competitions include the following:

- control meetings; friendly matches;
- Exemplary meetings; shortened races.

Control meetings are held to prepare teams for future competitions and check their readiness.

Friendly matches are held for training purposes or in the context of traditional competitions.

Exemplary meetings serve to popularize football and demonstrate sportsmanship.

Abbreviated competitions are held over several hours. They are usually scheduled for holidays and the opening or closing days of the sports season.

Before any official competition can be held, a competition regulation must be drawn up. This regulation is approved by the football federation or any other organization hosting the tournament.

The competition charter is a document that has great legal force. It will clearly state the main organizational and technical conditions. The regulations must be approved and distributed in advance, provided that the teams participating in the competition have sufficient time to prepare.

It is not allowed to deviate from the approved regulations during the competition, otherwise it will damage the reputation of the educational institution hosting the competition and cause unnecessary disputes.

The following issues should be reflected in the rules of the competition:

1. Goals and objectives of the competition.
2. Who will conduct the competition (educational institution, organizing committee, etc.).
3. Terms and conditions of the competition.
4. Number and name of teams to be entered in the competition, the maximum

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number of participants to be included in the application.

5. The game system in which the competition is held (rounds - one or two rounds, leaving the game after the defeat, a mixed system).
6. The system of accounting and the procedure for determining the position of teams and physical education teams (results are calculated by class).
7. Special conditions of the competition (in which cases the game is overtime and its duration, when the game ends in a draw or when the number of points is equal as a result of the competition. Methods of determining the winner, how many players can be replaced, etc.).
8. The order and form of registration of teams and participants of the competition, the deadline for submission and re-application of players.
9. The name of the judging panel that will conduct the competition.
10. Procedures for reviewing and reviewing a game, as well as for disciplinary matters related to the removal or warning of players.
11. The responsibility of the teams for the violation of the discipline of the players and the responsibility of the administration of the stadium and clubs for maintaining order during the game.
12. Venues and requirements to them.
13. Rewarding of winners and conditions of participation of the last place team or teams in the next similar competition.

Competition systems In practice, there are three main systems of the game: a round system, a system that is eliminated after one or two losses (Olympic), a mixed system consisting of a combination of the previous two systems. It is recommended to hold competitions in the out-of-game (Olympic) system after a one-time loss of school

championships, given that competitions organized in a round and mixed system will take longer than the system in which a one-time loss is eliminated.

The system of withdrawal after a single loss is used to hold the tournament in a short period of time if the number of teams participating in the application is large.

The losing teams will not continue the tournament. To create a grid of the competition calendar, the number of teams participating in the competition is determined, and then the draw is held. After the draw, the numbers that fall are written in order. Thus, the meeting teams will be determined by lot. The grid is formed according to the number of teams.

But an important drawback of this system is that a pair of meeting teams is determined by lot. This is a coincidence, as the two strongest teams can fall into the same net as a result of the draw. One of these two teams must leave the tournament without continuing until the final. As a result, a weak team will advance to the finals.

In this system, the first three places are usually determined. 1st place - final winner.

2nd place - the team that lost in the final. 3rd place - the winner of the match between the teams that lost in the semifinals.

In higher education, it is important not only to conduct physical education classes, but also to organize sports games, football classes, friendly and inter-school competitions. Competitions determine the level of physical, technical, tactical, moral and psychological readiness of participants and the team as a whole, allow to determine the status and direction of the training process.

## **CONCLUSION**

An important document in the organization of competitions is the rules of the competition. The competition charter is a document that has great legal force. The regulations must be approved and distributed in advance, provided that the teams participating in the competition have sufficient time to prepare. It is not allowed to deviate from the approved regulations during the competition, otherwise it will damage the reputation of the educational institution hosting the competition and lead to unnecessary conflicts.

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